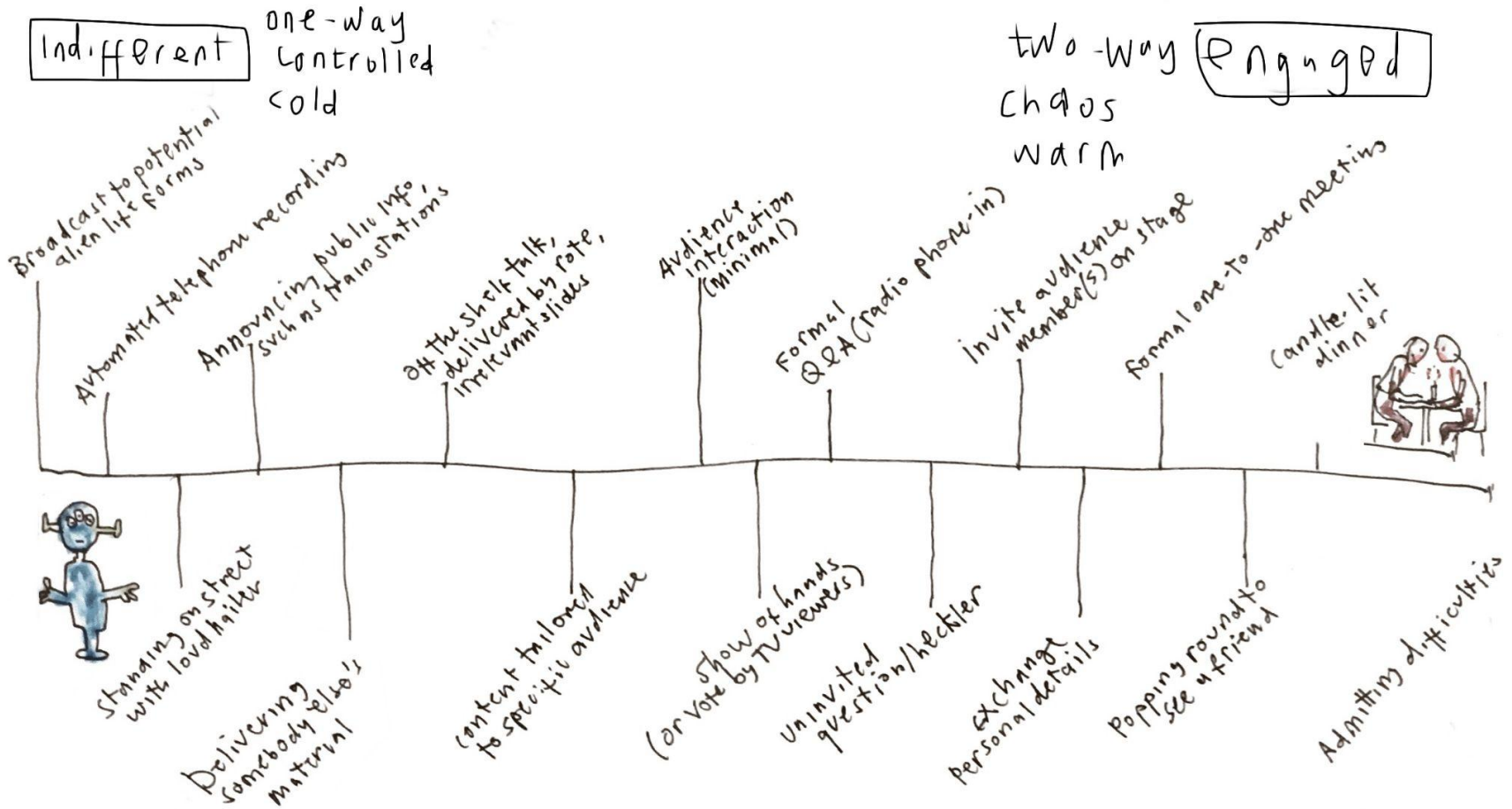


# Modest Adequate



Spectrum of communication (spoken, not written)  
 over time, we tend to move to the right, as confidence grows